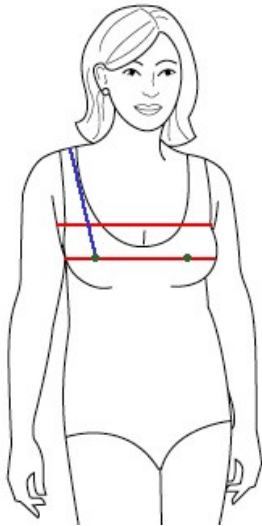


# Full Bust Adjustment Instructions

## Specifically for #1052 Everyday Hoodie

The following step-by-step instructions will allow you to make an FBA that does not change the intrinsic styling of this pattern. This method is very simple and works on this princess-seamed design to give a better fit for a larger bust.

Before you begin your pattern alterations, you will need a few crucial measurements to know your correct cup size (which may or may not be your bra size).



**Chest:** Measure under the arms and above the fullest part of the bust.

**Bust:** Measure around the fullest part of the breasts keeping tape measure level across the back.

**Bust Point:** Measure from top of shoulder to apex of bust.

**Bust Point to Bust Point:** Measure across bust from apex to apex and divide in half.

<b>If bust is larger than chest by</b>	1 1/2 to 2 1/2 in.	2 1/2 to 3 1/2 in.	3 1/2 to 4 1/2 in.	4 1/2 to 5 1/2 in.	5 1/2 to 6 1/2 in.	6 1/2 to 7 1/2 in.	7 1/2 to 8 1/2 in.	8 1/2 to 9 1/2 in.	9 1/2 to 10 1/2 in.
<b>Your Cup Size Is</b>	B	C	D	DD/E*	DDD/F*	FF/G*	GG	H/HH*	I/II*

A Bust cup alteration will allow you to use a smaller size pattern than you may have thought, providing a better fit through the neck and shoulders. Choose your size based on the **chest measurement** and then alter to fit your cup size.

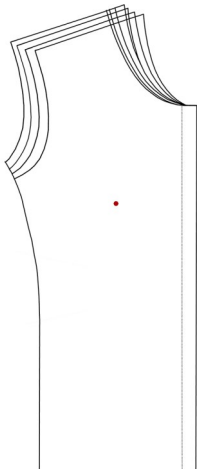
### MAKING THE CHANGES

You'll need to increase the front and side front pattern pieces to accommodate any cup size larger than **FULL C**.

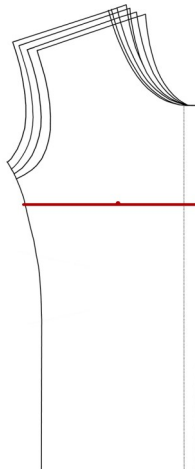
A hoodie is typically loose fitting, but if you are larger in the bust, garments tend to ride higher in the front to accommodate going over the bust.

<b>AMOUNTS TO ADD:</b>	D - Add 3/4"	DD - Add 1"	F - Add 1 1/4"
	G - Add 1 1/2"	H - Add 1 3/4"	J - Add 2 1/4"

**Always** make a pattern tracing (preserve your original) and do fittings in muslin or test fabric.

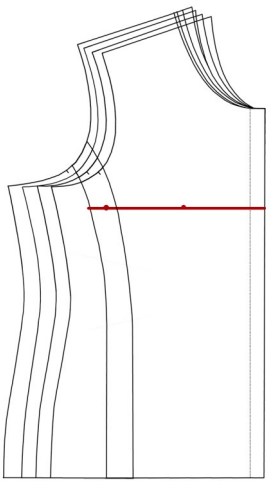


For most women with a full bust, the bust point is often lower and wider than the pattern. I simply lay the pattern front against myself (having the 5/8" seam allowance at my shoulder), and mark where the apex of my bust is.



Next, draw a line horizontally across the pattern Front through your bust point marking.

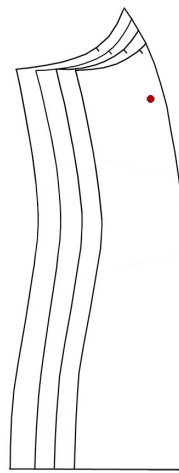
Use the patterns center front as a guide to keep that line perpendicular.



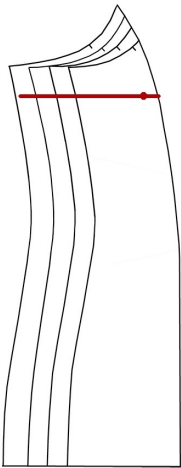
Lay the Side Front pattern piece over the Front, overlapping where the 5/8" seam allowances would intersect .

If you need to draw in the seam allowance on the pattern pieces to be accurate, go for it!

Mark a dot on the Side Front where the line you drew on the Front meets up.

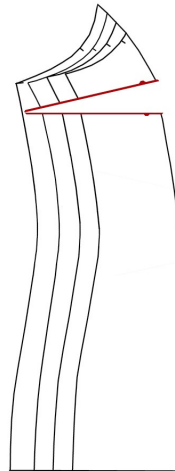


Your Side Front should now look like this.



Next, draw a line horizontally across the pattern Side Front through your marking.

Use the patterns grainline as a guide to keep that line perpendicular.

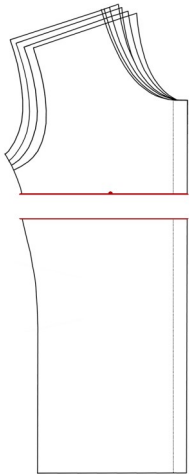


Cut on your marked line from the curved edge JUST to the side seam.

DO NOT CUT ALL THE WAY THROUGH. You need a little "anchor" to hold that piece together.

Slash and Pivot the needed amount from your calculations.

Use paper underneath to hold your pattern and to true up the curve.



Now, on the Front, cut on your marked line.

Slash and Spread the needed amount that matches your calculations.

Use paper underneath to hold your pattern and act as a guide to keep center front straight.

You will need to re-draw the seamline.



My adjusted pattern pieces.

I used a curved ruler to true up the Side Front where it was pivoted to add for the bust.

And re-drew the Front seamline for a smooth transition.

Trim away the excess (see below).



**Remember: When you do this adjustment you are ADDING length to the front. This allows the garment to hang properly without riding up over a full bust. So consequently you will need a LONGER zipper. Purchase one that is long enough to accommodate what ever amount you added to the front!**